

22nd Annual

2009 Davis Turkey Trot official entry form

Date: Saturday, Nov. 21, 2009

Start Times:

- 8:00 am - Baby Jogger 5k
- 8:20 am - 5K run / walk
- 8:45 am - 1 mile walk
- 9:00 am - 10K run / walk
- 10:30 am - 3K Chipotle Relay
- 11:15 am - Turkey Tot Kids Runs
 - 1 mi., 1/2Mi, 1/4Mi - Ages 0-12
- 11:45 am - Toddler Trot
 - 200yd dash ages 0-4

Where: Civic Center Field,
6th & B St., Davis, CA



Please Select One

- Baby Jogger 5K (8:00 am)
- 5K Run/Walk (8:20 am)
- 1 Mile Walk (8:45 am)
- 10K Run/Walk (9:00 am)
- 3K Chipotle Relay (teams of 3)* (10:30 am)
- Turkey Tot Kids Runs: 1 Mi. 1/2M 1/4M (11:15 am)
- Toddler Trot 200 Yd Dash (11:45 am)

* you may participate in both the 3K Relay and another distance, however, 2 entry fees will be required.

one person per form, please!

First Name

Last Name

Street Address:

City: State: Zip:

Day Phone: - - ext

E-Mail:

Gender: Male Female Age on Nov. 21

All event updates will be sent via e-mail.

Standard entry includes one 100% cotton, short sleeve t-shirt.

Shirt Size: Adult S M L X 2X Youth S M L Toddler 2T 3T 4T

➔ **Upgrade to Technical Short Sleeve or Cotton Long Sleeve?** (Select one only; add \$5)

- Long Sleeve
- Technical
- No upgrade

Upgrade available in adult sizes S-XL ONLY

upgrade deadline: 11/10

3K Chipotle Relay Entrants only: Indicate team name and age division. Age division determined by combined ages of the 3 teammates.

• Indicate division: Under 35 yrs 36-66 yrs 67+ yrs Corporate Division (no age requirements)

• Team Name:

Teammates Names & Ages: ,

WAIVER

I acknowledge that this waiver and release of liability form will be used by the event holders, sponsors, and organizers, including A Change of Pace, Inc., A Change of Pace Foundation, the City of Davis and the City of Davis Police Department, in which I may participate and that it will govern my actions and responsibilities at this event. I certify that I am physically fit, have sufficiently trained for participation in this event, and have not been advised otherwise by a qualified medical physician. I hereby take action for myself, my executors, administrators, heirs, next of kin, and successors. I hereby Waive, Release and Discharge from any claims, losses, or liabilities for death, disability, personal injury, property damage, theft or damage of any kind resulting from my participation in this event. I also grant permission to use my picture in any broadcast, telecast, or photo taken at this event. I grant permission to post my race results at the event and on www.changeofpace.com. I hereby certify that I have read this document and completely understand all of its contents.

SIGNATURE: _____ DATE: _____

Parent or guardian must sign if participant is under 18 years of age.

by 10/10 10/11-11/19 11/20 & Race Day

Entry fees listed are per person.

5K/10K (ages 13 & Up)	\$24	\$26	\$30
5K/10K Youth (ages 1-12)	\$20	\$22	\$26
1 Mile Walk (all ages)	\$14	\$16	\$18
Kids/Toddler Run (ages 0-12)	\$14	\$14	\$16
3K Relay* (with shirt)	\$18	\$18	\$20
3K Relay* (no shirt)	\$12	\$12	\$14

* per person fee. 3 members/team.

Adult Shirt Upgrade: Add \$5 (avail. thru Nov. 10th) sizes S-XL only. Be sure to indicate shirt type above.

Ways To Register:

- Postmark mailed entries by Nov. 16
- Enter In Person at Fleet Feet-Davis by 11/19
- On-line thru Noon Nov. 19 (changeofpace.com)
- At Packet Pick Up (11/20) 11am-5pm (Fleet Feet)
- Race Day (11/21) (at Civic Center Field)

Make Checks Payable & Mail To:

A Change of Pace Foundation
1260 Lake Blvd #245
Davis, CA 95616

TOTAL AMOUNT ENCLOSED: cash check #

All entries are non-refundable & non-transferable. Event happens rain or shine.