

22nd Annual

# 2009 Davis Turkey Trot official entry form

**Date:** Saturday, Nov. 21, 2009

## Start Times:

- 8:00 am - Baby Jogger 5k
- 8:20 am - 5K run / walk
- 9:00 am - 1 mile walk
- 9:10 am - 10K run / walk
- 11:00 am - Turkey Tot Kids Runs
  - 1 mi., 1/2Mi, 1/4Mi - Ages 0-12
- 11:45 am - Toddler Trot
  - 200yd dash ages 0-4

**Where:** Civic Center Field,  
6th & B St., Davis, CA



**Please Select One**

- Baby Jogger 5K (8:00 am)
- 5K Run/Walk (8:20 am)
- 1 Mile Walk (8:45 am)
- 10K Run/Walk (9:00 am)
- Turkey Tot Kids Runs:  1 Mi.  1/2M  1/4M (11:15 am)
- Toddler Trot 200 Yd Dash (11:45 am)

one person per form, please!

First Name

Last Name

Street Address:

City:  State:  Zip:

Day Phone:  -  -  ext

E-Mail:

All event updates will be sent via e-mail.

Gender:  Male  Female Age on Nov. 21

Standard entry includes  
one 100% cotton, short  
sleeve t-shirt.

Shirt Size: Adult  S  M  L  X  2X Youth  S  M  L Toddler  2T  3T  4T

**Upgrade to Technical Short Sleeve or Cotton Long Sleeve? (Select one only; add \$5)**

Long Sleeve  Technical  No upgrade

**Upgrade available in adult sizes S-XL ONLY**

**upgrade deadline: 11/11**

**WAIVER** I acknowledge that this waiver and release of liability form will be used by the event holders, sponsors, and organizers, including A Change of Pace, Inc., A Change of Pace Foundation, the City of Davis and the City of Davis Police Department, in which I may participate and that it will govern my actions and responsibilities at this event. I certify that I am physically fit, have sufficiently trained for participation in this event, and have not been advised otherwise by a qualified medical physician. I hereby take action for myself, my executors, administrators, heirs, next of kin, and successors. I hereby Waive, Release and Discharge from any claims, losses, or liabilities for death, disability, personal injury, property damage, theft or damage of any kind resulting from my participation in this event. I also grant permission to use my picture in any broadcast, telecast, or photo taken at this event. I grant permission to post my race results at the event and on www.changeofpace.com. I hereby certify that I have read this document and completely understand all of it's contents.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

*Parent or guardian must sign if participant is under 18 years of age.*

by 10/10      10/11-11/19      11/20 & Race Day

Entry fees listed are per person.

5K/10K (ages 13 & Up)	\$24	\$26	\$30
5K/10K Youth (ages 1-12)	\$20	\$22	\$26
1 Mile Walk (all ages)	\$14	\$16	\$18
Kids/Toddler Run (ages 0-12)	\$14	\$14	\$16

**Adult Shirt Upgrade: Add \$5** (avail. thru Nov. 11th) sizes S-XL only. Be sure to indicate shirt type above.

### Ways To Register:

- Postmark mailed entries by Nov. 16
- Enter In Person at Fleet Feet-Davis by 11/19
- On-line thru Noon Nov. 19 (changeofpace.com)
- At Packet Pick Up (11/20) 11am-5pm (Fleet Feet)
- Race Day (11/21) (at Civic Center Field)

### Make Checks Payable & Mail To:

A Change of Pace Foundation  
1260 Lake Blvd #245  
Davis, CA 95616

TOTAL AMOUNT ENCLOSED: \_\_\_\_\_  cash  check # \_\_\_\_\_

*All entries are non-refundable & non-transferable. Event happens rain or shine.*