22nd Annual

2009 Davis Turkey Trot
official entry form

Date: Saturday, Nov. 21, 2009

Start Times:
8:00 am - Baby Jogger 5k
8:20 am - 5K run / walk
9:00 am - 1 mile walk
9:10 am - 10K run / walk
11:00 am - Turkey Tot Kids Runs
• 1 mi., 1/2Mi, 1/4Mi - Ages 0-12
11:45 am - Toddler Trot
• 200yd dash ages 0-4

Where: Civic Center Field, 6th & B St., Davis, CA

one person per form, please!

Please Select One

- ☐ Baby Jogger 5K (8:00 am)
- ☐ 5K Run/Walk (8:20 am)
- ☐ 1 Mile Walk (8:45 am)
- ☐ 10K Run/Walk (9:00 am)
- Turkey Tot Kids Runs: ☐ 1 Mi. ☐ 1/2M ☐ 1/4M (11:15 am)
- ☐ Toddler Trot 200 Yd Dash (11:45 am)

First Name

Last Name

Street Address:

City: State: Zip:

Day Phone: - - ext _____

E-Mail:

All event updates will be sent via e-mail.

Gender: ☐ Male ☐ Female Age on Nov. 21

Shirt Size: Adult S M L X 2X Youth S M L Toddler 2T 3T 4T

Standard entry includes one 100% cotton, short sleeve t-shirt.

→ **Upgrade to Technical Short Sleeve or Cotton Long Sleeve?** (Select one only; add $5)

☐ Long Sleeve ☐ Technical ☐ No upgrade

upgrade deadline: 11/11

Upgrade available in adult sizes S-XL ONLY

WAIVER I acknowledge that this waiver and release of liability form will be used by the event holders, sponsors, and organizers, including A Change of Pace, Inc., A Change of Pace Foundation, the City of Davis and the City of Davis Police Department, in which I may participate and that it will govern my actions and responsibilities at this event. I certify that I am physically fit, have sufficiently trained for participation in this event, and have not been advised otherwise by a qualified medical physician. I hereby take action for myself, my executors, administrators, heirs, next of kin, and successors. I hereby Waive, Release and Discharge from any claims, losses, or liabilities for death, disability, personal injury, property damage, theft or damage of any kind resulting from my participation in this event. I also grant permission to use my picture in any broadcast, telecast, or photo taken at this event. I grant permission to post my race results at the event and on www.changeofpace.com. I hereby certify that I have read this document and completely understand all of it's contents.

SIGNATURE:_____ **DATE:** _____

Parent or guardian must sign if participant is under 18 years of age.

	by 10/10	10/11–11/19	11/20 & Race Day
Entry fees listed are per person.			
5K/10K (ages 13 & Up)	$24	$26	$30
5K/10K Youth (ages 1–12)	$20	$22	$26
1 Mile Walk (all ages)	$14	$16	$18
Kids/Toddler Run (ages 0–12)	$14	$14	$16

Adult Shirt Upgrade: Add $5 (avail. thru Nov. 11th) sizes S–XL only. Be sure to indicate shirt type above.

Ways To Register:
- Postmark mailed entries by Nov. 16
- Enter In Person at Fleet Feet–Davis by 11/19
- On–line thru Noon Nov. 19 (changeofpace.com)
- At Packet Pick Up (11/20) 11am–5pm (Fleet Feet)
- Race Day (11/21) (at Civic Center Field)

TOTAL AMOUNT ENCLOSED: _____ ☐ cash ☐ check #_____

Make Checks Payable & Mail To:
A Change of Pace Foundation
1260 Lake Blvd #245
Davis, CA 95616

All entries are non-refundable & non-transferable. Event happens rain or shine.