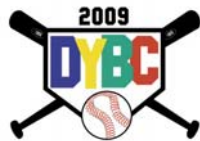




Davis Youth Baseball Camp

Davis Little League Complex

June 15-19, 2009



Davis Youth Baseball Camp

This email confirms your entry into the 2009 Davis Youth Baseball Camp (DYBC) happening from June 15-19th. Our entire staff is excited about this years camp and are looking forward to yet another fun week of Baseball. For those new to the DYBC, the camp will take place at the Davis Little League complex located on the intersection of F Street/Covell Blvd.

Below are some important notes you should have on hand before you arrive:

First Day Check-in Times: (Mon., June 15)

7:30-8:15 am

Fundamentals Camp Hours (8:30 am-12:00 pm)

Adv. Pitching Camp (1:00 pm-3:00 pm) (M-Th)

Pick-up times:

Day camp (12:15 pm)

All day splash camp (4:00 pm)

At check-in, each parent will be asked to sign their child in at the registration table. Each day thereafter, each child or their parent will be asked to sign in at arrival of camp and then again before they leave. They will sign in and out with their assigned coach. This will enable us track each player as well as to ensure no one has been left behind. If a player wishes to ride his/her bike home from camp, a written parent permission slip must be completed.

Necessary Camp Equipment:

(these items will be required for each day)

Extra Inning Sessions:

If you have registered for an Extra Inning Assignment, we have emailed you in your previous confirmation email the dates/times. A copy of the schedule will be available at check in. For those still interested, please check our availability at Monday's Check-in.

All-Day Splash Camp: For those players staying the entire day (8:30 am-4:00 pm), be sure to pack your swim suit, sunscreen, an extra pair of shoes/sandals and a towel. Remember, ALL day campers will be provided lunch, snacks and drinks. If your son/daughter has a food allergy of any kind, please let us know at registration or by simply sending us a quick email.

MVP Band / Program

This year, arm care and strength will be emphasized as we will implement the MVP Band / Program. This program/product has just been tested by the American Sports Medicine Institute (ASMI) and is a proven and effective way to strengthen a players arm and increase velocity and distance. By improving the strength of a players rotator cuff, one greatly reduces the risk of injury.



MVP Bands will be available for sale during the entire week. Those purchasing a band at camp will receive a complimentary MVP Band "I've Got the Power" T-shirt along with their purchase.

Camp Features

- 1/2 day Fundamentals

6/13/2009

Davis Youth Baseball Camp

- **Baseball glove**
- **Baseball cap**
- **Athletic cup (boys)**
- **Baseball cleats** (*recommend, but not mandatory*)

*Any additional equipment (i.e. bats, batting gloves, caps, etc.) should be properly labeled with your child's name.

*Full-Day Campers should bring a swimsuit, towel and change of shoes to wear over to the pool.

1/2 Day Fundamentals

- Full Day Extended Camp
- Extra Inning Sessions
- Advanced Pitching Camp (M-Th, 1-3pm)
- Enthusiastic Instructors
- Round Robin games
- DYBC Home Run Derby
- Sliding practice (slip-n-slide)
- Friday BBQ party

More information

If you have any specific questions, please visit our website at www.changeofpace.com

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