

# 2009 Davis Turkey Trot Participant Confirmation E-Mail



## 2009 Davis Turkey Trot Participant Confirmation

Thank you for pre-registering for the 22nd Annual Davis Turkey Trot Run/Walk.

This email contains important information regarding Packet Pick Up, 5K/10K Timing Chip Pick Up, and general rules.

2009 Davis  
Turkey Trot  
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### Packet Pick Up

All participants will need to pick up their official Race Packet in order to compete. This is especially important for 5K/10K participants.

**Packets include your bib number, timing chip (5K/10K/3K) and your t-shirt.**

There are two opportunities to pick up packets:

- 1.) On Friday, November 20, from 11am-5pm in the courtyard across the street from Fleet Feet Sports at 615 Second Street.
- 2.) On Event Morning, (11/21), at Civic Center Field. Registration opens at 6:30 a.m. and will be located on B Street between 5th and 6th Streets. Please arrive one (1) hour prior to your race start to allow sufficient time to pick up your packet, find parking, warm up, etc.

On event day, Kid's Fun Run entrants' packets & late registration will be available inside the Kid's Area, on the west side of Civic Center Field on the grass. Kid's Fun Run registration opens at 7:30 a.m. on race morning.

**Note:** In an effort to help our planet stay green, we are not distributing plastic race bags this year.

### Important Race Times

Friday, November 20th:

11:00 a.m. - 5:00 p.m. - Race Packet Pick Up @ Fleet Feet Davis (rain or shine)  
\*\*Packet Pick Up will close promptly at 5:00 pm.

Saturday, November 21st:

RACE DAY! Civic Center Field, 6th & B Streets

6:30 a.m. - 5K, 10K, 3K and 1 Mile Late Registration / Packet Pick Up opens. (B & 6th St)

7:30 a.m. - Kid's Fun Run Late Registration / Packet Pick Up opens (Kid's Area, Civic Ctr. Field)

8:00 a.m. - 5K Baby Jogger/Stroller Run/Walk Starts (6th & C Streets)

8:20 a.m. - 5K Run/Walk Starts (6th & C Streets)

8:45 a.m. - 1 Mile Fitness Walk Starts (B Street in front of Civic Center Pool)

9:00 a.m. - 10K Run/Walk Starts (6th & C Streets)

10:30 a.m. - Chipotle 3K Relay Challenge (start line is in between the Finish Line and the Kids Start line)

11:15 a.m. - Kid's Fun Runs Start (1 Mi. then 1/2 Mi., then 1/4 mi.) (On B St. near 6th St.)

11:45 a.m. - Toddler Trot 200 yd dash (On B St. near 6th St.)

## Chip Timing for 3K, 5K & 10K

### Timing Chip Basics

Chip timing uses a small, lightweight RFID chip attached to your shoe to record the time you cross the start line, and again the finish line, to determine your net time for the race. Therefore, it is critical that you wear your chip on your shoe. Chips will be collected at the finish line. We are excited to be partnered with Capital Road Race Management this year and they will be handling our registration/finish line timing on event day.

### Common Chip Questions:

**Q: What happens if I forget to wear the chip?**

A: No chip = No time. Don't forget to wear the chip, or you will not receive a time.

**Q: What if I lose my chip?**

A: Don't lose your chip. They cost money (\$20!). But if you do, go to problem registration to be assisted with reissue.

**Q: What if I leave my chip at home?**

A: Head to the Solutions table at registration on race day to be assigned a new chip. Please remember to mail CRRM back the misplaced chip.

**Q: I am registered for the 10K and would like to switch to the 5K. What do I need to do?**

A: *You do not need to do anything.* Proceed with the chip & bib you were assigned. The timing chips and bib numbers will work for either the 5K Baby Jogger, 5K Run/Walk or 10K. Simply start at the correct time. Your chip will be read when you cross the starting line. See above for start times.

**Q: Where do I wear the bib number?**

A: Bib numbers should be worn on the **front** of your body for quick athlete identification on the course by course officials and photographers.

**Q: I'm on a 3K Relay Team. We have one chip. Who wears it?**

A: Each relay team will be handed one chip. There are six legs to the 3K Relay. Person #1 will complete legs 1 and 4. Person #2 will complete legs 2 and 5. Person #3 will complete legs 3 and 6. Person #3 will be the one wearing the Chip on his/her foot. The teams' time will be recorded when he/she crosses the finish line.

The 1 Mile Fitness Walk and the Kid's Fun Runs are not timed; therefore participants do not need a timing chip. All participants will be issued a bib number. All Kid's Fun Run finishers will receive a ribbon at the Kid's Run Finish Line (located on the grass inside the kid's area).

## Additional Race Information

**Race Results:** Race results will be posted on-site as available for the 5K and 10K. Awards will be available for pick up at our awards tent, adjacent to the main stage. We do not have an official awards ceremony. Unclaimed awards will not be mailed, but will be available for pick up at Fleet Feet Sports - Davis starting Sunday, November 22. Results will be posted online at [www.changeofpace.com](http://www.changeofpace.com) on race day.

**Fluid Stations:** There will be one fluid station on the 5K (mile 1.5) and three on the 10K (miles 2, 4 and 5.5). Along with water, fluid replacement (Gatorade) will be available at all fluid stations.

**Registered Participant List:** For your convenience, we always post a list of registered participants for our events on our website, [changeofpace.com](http://changeofpace.com).

**Pets:** Please do not bring dogs or other pets with you to the race. Dogs are not permitted on the 5K/10K course as a matter of safety for you and the other athletes.

**Sweat Check:** For your convenience, we have a sweat check booth along the First Base line of the baseball field adjacent to both registration and all start lines. We ask that you use this area rather than placing your apparel on the nearby neighbors' lawns.

**Vintage T-shirts:** We will have hundreds of vintage shirts from our other events available for purchase for as little as \$1 apiece at our Vintage Merchandise Tent.

**Kid's Area:** Our famous Kid's Area will be set up on race morning on the field. We will have a giant slide, obstacle course, bounce houses, snacks, and tons of craft projects.

**Course Maps:** Course Maps, Parking & Directions, Kid's Area overview, etc. can all be found on our website, [www.changeofpace.com](http://www.changeofpace.com).

**Parking:** Participants traveling to Davis from Sacramento should exit at Richards Blvd. Those coming from points west (Vacaville, etc) are advised to take Hwy. 113 North and then exit at Covell Blvd. Plentiful parking is available at Davis High School, 7 blocks from the race site.

**Late T-shirt Upgrades:** If you missed the deadline to "upgrade" your shirt to a long sleeve or technical shirt, but still wish to do so, please check in with our Tshirt Booth between 9:00 and 11:00 AM on race morning. (Located near 5K/10K registration). If we have leftover shirts in your size, we will be happy to "trade-in" your cotton short sleeve shirt for an upgraded shirt. The fee is \$5.00.

**First Aid:** Should you need **basic** first aid during the event (ie. band-aid), we will have a first aid kit at volunteer check in. Any injuries, emergencies or other first aid needs can be met with the ambulance from American Medical Response, which will be at the back of finish line.

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