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# Thank You for volunteering at the 2010



Dear Jeannine,

On behalf of all the athletes that participated in this year's Positive Energy Kids Triathlon, I would like to thank you for volunteering at the event.

The PEKT was designed to promote fun and fitness to kids ages 15 and under. Based on the smiles we saw crossing the finish line, this was accomplished; and your assistance contributed to its success.

We hope you enjoyed participating in the triathlon and we look forward to including you in our future events.

Sincerely,  
Jeannine Henderson  
A Change of Pace Foundation



Volunteers from CSF hand out medals at the finish line

## A Change of Pace Foundation

### Making a Difference In the Community

The A Change of Pace Foundation is a 501c3 non-profit organization whose mission is to "encourage, educate and motivate kids to inspire life-long habits towards a healthy lifestyle."

Read more about our Foundation's endeavors at [www.changeofpace.org](http://www.changeofpace.org).



### Our Next Event



Our next event is the [California Kids Triathlon](#), taking place on Sunday, August 8th at Woodland High School.

As one of the largest kids triathlons in the entire nation, we need lots of volunteer support.

Contact Jeannine via [E-mail](#) to sign up your group!

### Facebook



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