

# Beyond Fundamentals

**The DYBC will place Emphasis on:**

## Fielding

Approach, Footwork, Body/Hand/  
Head Positions, Glove Positions

## Throwing

Body/Feet Positions, Balance,  
Arm Angles, Follow-Through

## Hitting

Balance, Stance, Grip, Hip Rotation,  
Bat Speed, Weight Transfer

## Teamwork

Ability to work & rely on one another  
to accomplish common goals.



**Ages  
6-12**

## All Players Receive:

- Official DYBC T-shirt
- Daily Snacks & Refreshments
- Personalized Evaluation
- Live Games, Fun drills & Challenges
- Arm Conditioning/strength tips



**REGISTER TODAY!**  
CAMP LIMIT 100

**MORE INFO: *changeofpace.com***

A Change of Pace is a 501(c)3 Organization



**June 14-18**

**Held at the  
DAVIS LITTLE LEAGUE COMPLEX  
Corner of F Street/Covell Blvd.**

**presented by**





# June 14-18

## All Players Receive:

- Official DYBC T-shirt
- Daily Snacks & Refreshments
- Personalized Evaluation
- Live Games, Fun drills & Challenges
- Arm Conditioning/strength tips
- Techniques to increase running speed, improve balance & agility.
- Post-camp Lunch (Friday 11:45 am)
- Discount to the "Warehouse"-Davis' new indoor batting cages & instruction

## Camp Levels

### FUNDamentals Camp:

(For Ages 6-8)

M-Th 8:30-11:30 am • Friday 8:30 am to Noon

Designed specifically for younger players (Divisions A-AA) to teach and build proper mechanics, fundamentals and knowledge of the game.

(For Ages 9-12)

M-Th 10:00 am-1:00 pm • Friday 8:30 am to Noon

Advanced instruction on all aspects of the game. Extended station work on Batting, Fielding & Base running. Live Games (within each age group)

### FUNfriday

(For entire field 6-12)

8:30 am -12:00 pm

### 3-Day Advanced Arm Conditioning/Pitching Camp: (For Ages 9-15)

1:15-3:00 pm • Days Offered: M, T, W

5 key components to pitching will be discussed. Dave Miramontes, Former Division I and ex-minor league player has more than 20 years of youth instruction will lead the camp. Emphasis will be placed on arm strength, body and arm mechanics, fielding, pick-off's and keys to becoming a smart pitcher.

### Extra Inning Sessions: (For All Ages)

8:30 & 9:00 am (kids 9-12)

11:45 & 12:15 pm (kids 6-8)

• Days Offered: M, T, W, Th

## Increase Arm Strength/Speed

Once again the DYBC will implement the MVP Band Exercises into Camp. This preventative arm strength program has recently been endorsed by Little League International and has been clinically tested and proven to work by the American Sports Medicine Institute (ASMI). Our program has been used in Little League Baseball summer camps and all LLB regional coaches clinics. Visit [mvpband.com](http://mvpband.com) for further information.

**MVP Band Special Offer.** Players pre-purchasing their very own MVP Band

will also get a "I've Now Got the Power" T-shirt. Be sure to order yours Today! A Limited number of T-shirts will be available.



## Player Registration Form (one form per player)

Playing Experience:

- Little League/div. \_\_\_\_\_  Cal Ripken/div. \_\_\_\_\_  
 Other \_\_\_\_\_

Player Name: \_\_\_\_\_

Day Phone: \_\_\_\_\_  Male  Female Age \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Parent Name \_\_\_\_\_ Mobile # \_\_\_\_\_

E-mail Address \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Emergency Phone #: \_\_\_\_\_

Players Primary Physician: \_\_\_\_\_

Please list any Allergies (including food allergies) or existing Medical conditions we should be made aware of:

\_\_\_\_\_

### DYBC Consent/Waiver Form (Each parent must sign this form).

The undersigned hereby acknowledges that participation in this camp and related activities involves an inherent risk of physical injury, and the undersigned, on behalf of the registrant, hereby assumes all such risk and does hereby release and forever discharge the Davis Youth Baseball Camp, A Change of Pace Foundation, A Change of Pace, Inc., all employees and agents, Davis Little League and the City of Davis from any and all liability of whatever kind of nature, arising from and by reason of any and all known and unknown, foreseen and unforeseen bodily and personal injuries, damage to property, and the consequences thereof, resulting from the registrant's participation in or involvement with this camp, including any failure of equipment or defect in the premises. I hereby grant permission at any time for the registrant to receive outside or professional medical attention. I hereby give my consent to the Davis Youth Baseball Camp to secure the service of whatever medical facility selected and to secure whatever transportation is deemed necessary. I hereby state that I am a legal guardian of said child.

Signature of parent/guardian \_\_\_\_\_

Date \_\_\_\_\_

### Camp Selection

- |                    |   |                                |
|--------------------|---|--------------------------------|
|                    | <b>By June 1</b>                                | <b>After 6/1</b>               |
| Fundamentals Camp  | <input type="checkbox"/> \$195                  | <input type="checkbox"/> \$205 |
| Adv. Pitching Camp | <input type="checkbox"/> \$140                  | <input type="checkbox"/> \$150 |
| MVP Band Order     | <input type="checkbox"/> \$40 (retails at \$45) |                                |

### Extra Inning Session (1/2 hr. private lesson)

- |                       |  |
|-----------------------|--|
| Individual Lesson     | <input type="checkbox"/> \$30/session    |
| 3 or more Lessons     | <input type="checkbox"/> \$25/session    |
| 2-player buddy Lesson | <input type="checkbox"/> \$20/per player |

**Sibling Discount** (save \$15 on additional player)

### Refund Policy:

A \$25 Non-refundable deposit will apply to ALL applications. Any cancellations must be requested in writing no later than 1 weeks prior to the first day of camp.

### Official DYBC Camp T-Shirt

Size (included w/entry):

- |                                |                             |
|--------------------------------|-----------------------------|
| Youth:                         | Adult                       |
| <input type="checkbox"/> 6-8   | <input type="checkbox"/> S  |
| <input type="checkbox"/> 10-12 | <input type="checkbox"/> M  |
| <input type="checkbox"/> 14-16 | <input type="checkbox"/> Lg |
|                                | <input type="checkbox"/> XL |

**TOTAL AMOUNT ENCLOSED** \$ \_\_\_\_\_

Make checks payable to:

**A Change of Pace**  
 1260 Lake Blvd., Ste. 245  
 Davis, CA 95616