

You're receiving this email because you are pre-registered for the 2011 Davis Stampede.

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## Participant Confirmation Email

Thank you for pre-registering for this Sunday's 29th Annual Davis Stampede. This email contains information about picking up your packet, important race times, and sponsor promotions.

We are very excited to include each and every one of you in the event on Sunday!

### Important Times

#### Saturday, February 5th:

12:00 Noon - 4pm: Packet Pick Up; held at Fleet Feet Sports in Davis (615 2nd Street).

#### Sunday, February 6th:

7:00 a.m. - Packet Pick Up and Late Registration Opens - Central Park (3rd & C Streets)

7:50 a.m. - Registration/Package Pick Up closes (except for Kid's runs)

8:00 a.m. - 5K Start (3rd Street at D Street)

8:10 a.m. - 10K & Half Marathon Start (3rd Street at D Street)

10:50 a.m. - Kid's Registration Closes

11:00 a.m. - Kid's 1 Mile Fun Run Start (3rd & B)

11:15 a.m. - Kid's 1/2 Mile Fun Run (3rd & B)

11:25 a.m. - Kid's 1/4 Mile Fun Run Start (3rd & B)

12:00 Noon - Activities Conclude

Please note: The 5K now starts in the same location as the 10K and Half Marathon. (different than 2010)

### Packet Pick Up

**WHEN:** Participants are encouraged to pick up their packets on Saturday, February 5th, at our pre-race pick up. This will be held at Fleet Feet - Davis (615 2nd St.) in Downtown Davis from 12 Noon to 4pm. Can't make it? A friend is permitted to pick up on your behalf.

**LATE REG?** We will also be accepting late registration at this time. Cash and check will be accepted.

**WHAT:** Each race packet will include your timing chip (5K/10K /Half), your bib number, and your t-shirt.

**CHIP TIMING:** The timing chip is a state-of-the-art, ultra thin (1mm thick) chip and will be affixed to the back of your race bib. These are UHF (Ultra High Frequency) RFID chips and are disposable (nothing to return after the race). Please do not fold your race bib such that you fold the timing chip.

**HOW TO WEAR:** Please wear your bib number on the front of your body during the event. This helps us identify which race you have entered so that our volunteers and staff can properly direct you on the correct course. Bibs will be assigned as follows: 5K - Yellow, 10K - White, Half Marathon - Green, Kid's Runs - Blue.

**RACE DAY PICK UP:** Those unable to pick up packets on Saturday may do so on race morning at Central Park. Registration will be located on the northernmost end of the awning at Central Park and will open at 7:00 a.m. Race Day registration will also be accepted (cash or check only).

### Changing Race Distances

Do you need to switch race distances? No problem. We can make the accommodation. However, we do need you to either a) [e-mail us the change](#) by 10am Friday, or b) make the change during either packet pick up (Sat) or during registration on Sunday (go to the "problems and solutions" table).

So that you can be properly timed, our timing crew must be informed of your distance change. We also have different color bibs for the various race distances.



### When to Arrive

We suggest that all participants arrive a one hour prior to your race's scheduled start time. This is to allow you sufficient time to find parking, pick up your packet/register (if necessary), use the porta-potties, and warm up.

### Gear Check

A sweat check will be available at Central Park near B Street. Here, you can leave your warmer layers in a bag labeled with your bib number while you participate in the race. Please be sure not to leave any valuables and to claim your bag by Noon on race morning. Unclaimed items will be kept one week and then donated to charity.

### Kid's Activities

For the kids, we will have face painting & crafts, and **Horizon Milk** available in the post-race expo. The kids activities will be available starting at 8:30 a.m.

### Fleet Feet & New Balance



Fleet Feet - Davis is having it's annual Winter Sale Saturday through Sunday. Be sure to stop in their store during packet pick up, or after the race on Sunday, for some awesome deals on winter apparel.

New Balance - provider of some great schweg for our award winners this year - will also have a booth at the event. Stop on by!

### Thanks to our 300+ volunteers

During the event on Sunday, be sure to thank the volunteers who are assisting with registration, course monitors, water stations, etc. They are out there volunteering their time to make sure the event is perfect for you.

### Extra Merchandise and Vintage T's

We will have additional technical t-shirts for sale in our extra merchandise tent on race morning. The cost is \$15. We will also have past year's shirts for sale.

### Directions & Parking

**Parking:** Parking is available on the streets within Downtown Davis. On Sundays, the 2-hour parking rule is not in effect. We suggest arriving early to find nearby parking. There is a map on our website with available parking lots [here](#).

**Directions:** For online directions, use the following address: 3rd Street at C Street, Davis, CA 95616.

**From points east (Sacramento):** Take I-80 to Davis. Exit at Richards Blvd North. After passing through the tunnel, head straight on E Street. Turn left on Third Street and look for parking.

**From points west (Vacaville, etc):** Take I-80 towards Davis. Exit at Hwy. 113 North towards Woodland. Exit at Russell Blvd. and turn right. Continue approx. 2.5 miles. Note: B and C Streets will be closed for the event, so you may turn right on D, E, or F Streets to find parking.

### Courses

## START TIMES

[Sunday, February 6th:](#)

5K - 8:00 am  
10K/Half - 8:10 am  
Kid's Runs - 11:00 am

## Registered Participant List:

[View Online Here](#)

## Our Sponsors & Partners



**Quick Links...**  
[Our Website](#)  
[Race Info](#)  
[Course Map](#)  
[FAQ](#)  
[Past Results](#)  
[Directions/Parking](#)

All three distances (5K/10K/Half) are flat [courses](#) that travel through the residential neighborhoods and greenbelts of Davis.

There are a total of six aid stations on the courses: one on the 5K (approx. mile 1.8); three on the 10K (approx. miles 2, 3.5 and 5), and six on the Half Marathon (approx. miles 2, 4, 6, 8, 10.5 and 12). All fluid stations will have both water and Gatorade. We ask that if you bring energy bars or gels with you on the course, that you dispose of the wrappers at a fluid station.

There are two porta-potties on the Half Marathon, located at approximately mile 5 and mile 9.5. In addition, the station at mile 6 on the Half Marathon will have fruit and Jelly Belly Sport Beans.

The courses will remain open until Noon. If you are participating in the Half Marathon and not on pace to finish within this timeframe (3 hour 50 minutes), a course vehicle will provide transportation back to the finish line.

## Athlete Taping

**The Institute of Restorative Health**, one of our event sponsors, is generously providing taping to runners and walkers before the event free of charge. This service will be provided at their booth, located in near the finish line in the courtyard area of the park. They are also staffing a first aid tent near the finish line, should you need medical assistance after your finish.



## Awards

Awards will be presented to the top three overall male/female finishers in the 5K, 10K and Half Marathon, as well as to the top three finishers in each five year age division. There is no official awards ceremony for this event, however, you may pick up your prize at our awards tent. The awards tent will be located just North of the finish line, at the volunteer check in tent. Awards are courtesy

Unclaimed awards will not be mailed. You may pick up your prize anytime starting on February 7th (Monday) and continuing through March 30th at Fleet Feet in Davis.



Finisher's medals will be presented to all Half Marathon finishers. The three Kid's Fun Runs are not timed or scored, however all finishers will receive a ribbon. All kid's fun runs will start at 3rd & B Streets and finish at the main finish line. Parents are welcome to run alongside their child.

## Photos

Official event photos will be taken courtesy of brightroom.com, and will be available on their site starting Wednesday, February 9th at this link: <http://www2.brightroom.com/event.aspx?eid=78685&PWD=davis%20stampede>

## Race Results

Race results will be posted at the event as well as on the internet on race day. Visit our website, <http://changeofpace.com> after the event to view your time.



## Facebook

**Connect with us on Facebook:** We have a page for the Davis Stampede ([link here](#)) where we post event updates, news, results, photos, videos, race tips, sponsor offers, etc. We also have a page for our [Foundation](#), where we provide updates on all our events throughout the year. It is an easy and free way to stay connected.

If you have questions not answered here, we will happily answer them either via [e-mail](#) or on our Davis Stampede facebook [wall](#). We will do our very best to answer them just as quickly as we are able.

The Davis Stampede is organized by the A Change of Pace Foundation a 501(c)3 non-profit organization based in Davis. Our Foundation's mission is to "**encourage, educate and motivate kids to inspire life-long habits towards a healthy lifestyle.**"



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