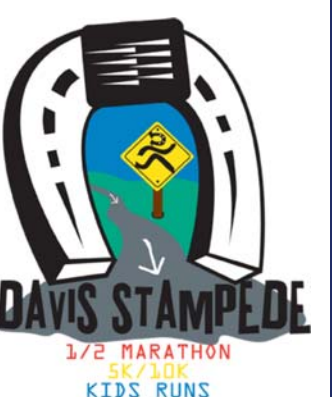




DAVIS STAMPEDE WRAP-UP

We'd like to thank and congratulate the 3,800 athletes that participated in the 2011 Davis Stampedede. We were honored to host our largest field ever and are excited to see that running and walking continues to grow as a sport. With that, we saw our largest Half-Marathon field to date with over 1,300 competitors and a field of 2500 in the 5K/10K. We are equally excited about our new disposable tag timing system which eased congestion at the finish and captured data flawlessly.

We do, however, feel it is more important to acknowledge and sincerely apologize for the uncharacteristic delays in our Saturday registration lines at packet pick up. A combination of unseasonably warm weather and a big jump in last-minute attendance took us by surprise, as well our staff managing our course fluid stations. Lesson learned. Moving forward, it is our goal to learn from each race experience and to improve each event we produce.



2011 is off to a great start and we thank you for your continued support!

Race Results: Can be viewed off our website directly. Exact links are:

5K: [Top Ten](#) | [Overall](#) | [Age Group](#) | [Awards](#)

10K: [Top Ten](#) | [Overall](#) | [Age Group](#) | [Awards](#)

Half Marathon: [Top Ten](#) | [Overall](#) | [Age Group](#) | [Awards](#)

Official Race Photos: [Link to view at brightroom.com](#)

Unclaimed age group awards: Our sponsor, Fleet Feet-Davis, has unclaimed awards available for pick up. Stop by anytime through March 31.

Event Video: An awesome video of the event was produced by Mike Ong. You may have seen his work on his facebook page, at <http://facebook.com/resultsposted>.



Watch the 2011 Davis Stampedede video by clicking the image to the right or [link here](#).

The Davis Stampedede is one of two Half Marathons that we will host this year. The Davis Stampedede is part of the [Nor Cal Half Marathon Series](#). Our next Half Marathon will be held under the full moon on Sunday, July 16th at the Davis MOO-night Races. Registration for that event opens on April 1.

LUCKY 7 RUN

From time to time, we like to mix things up a bit, keep our audience on their toes, and create a unique event that no one else has thought of doing. We did this with the Octobrewfest 5K and again with our newest featured event, the Lucky 7 Run. One can say we are going green in a fun and unique fashion.

On March 5th, we are offering regional runners some Irish Luck in a pre-celebration to St. Patrick's Day. This event is an incredible follow-up to our recent Davis Stampedede, and offers runners a unique alternative from typical 5K & 10K distance events. The Lucky 7 Run will feature unique race distances of a 7K (4.34 miles) and 7 Mile. These will be timed by ACoP's new disposable state of the art chip timing system.



The event kicks off with a non-timed 2K run/walk followed by the 7K & 7 Mile runs beginning at 8:07 a.m. And to make the event that much better, ALL 7K and 7 Mile entrants will receive a green moisture wicking "technical" race t-shirt. Immediately following the 7K/7M run/walk, we will also feature four Kid's Fun Runs that will take place at 10:00 am

The event will be held at Davis Community Park with the staging area to be held in front of Veterans Memorial theatre.

Registration for the 7K and 7 Mile is just \$28 (including the technical t-shirt) through Monday, February 14. (A race entry makes for a great Valentine's gift!) You can register online here: <https://acop.webconnex.com/lucky11>

or print out the paper form from our website and submit it via mail or at Fleet Feet -Davis.

Read more about the event at <http://changeofpace.com/luckyrun.html>

CAPITOL CITY CLASSIC

Coming to Sacramento on Sunday, April 17, we're excited to unveil never-run-before courses at the inaugural Capitol City Classic.

Starting and finishing at Crocker Park, the event will host 5K and 10K courses that run along Capitol Mall, along the Sacramento River, across the I Street and Tower Bridges, and through Old Sacramento.

We're also hosting 1,000 kids who will be running their first 5K as part of the Runnin' for Rhett Youth Fitness Challenge. We're helping co-sponsor these elementary school kids so that they can get off the couch and get active.



Registration for the 5K and 10K is just \$28 and includes a technical t-shirt! You can register online here:

<https://acop.webconnex.com/capitolcityclassic>

or print out the paper form from our website and submit it via mail.

Read more about the event at

http://changeofpace.com/capitol_city_classic.html

If you're looking for a training group for the event, check out [Fleet Feet Davis' No Boundaries 5K/10K Training program](#), which will culminate with participation in this event.

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A Change of Pace Foundation | 1260 Lake Blvd., #245 | Davis | CA | 95616