



PEKT

Congrats on your finish at the 2011 Positive Energy Kids Triathlon!

Dear Aidan,

We hope you enjoyed the 2011 Positive Energy Kids Triathlon on Sunday, May 22. Our goal of the event was for you (or your child) to have fun, get exercise and walk away with a sense of pride and accomplishment. We hope to have reached our goal. Congrats - you are now a triathlete!

Post-Race Wrap Up:

- **Race Results** are posted [here](#).
- **Professional Photos** by brightroom.com can be viewed and purchased [here](#).
- **Our Post-Race Video** is now available on YouTube - check it out [here](#) or click the image below.



2011 Positive Energy Kids Triathlon

After the PEKT, we often hear "When's the next one?" ... so to answer that burning question:

- Our **California Kids Triathlon** is on August 7th. A few notes about this event:
 - **Registration.** Early entry is now open and is only \$25.00. Save some \$\$ and pre-register today! Prices increase on June 7th so don't wait.
 - [Link to the Registration Page](#)
 - **Parent/Child Division Changes.** We have slightly changed the entry fee for our Parent/Child Division. Parents are now \$15 regardless of sign up date. Child pays the current entry fee.
 - **Age Divisions.** The CKT goes up to age 17....older siblings, come see what awesome feels like!
 - **Venue.** This event is held in Woodland at Charles Brooks Community Swim Center, located at Woodland High School. It's about 15 minutes north of Davis.



Other Summer Kids Events

Winter, Spring, Summer or Fall ... all you have to do is .. Exercise! :) and have fun while doing it.

Summerfest

- Sunday, June 26
- Held in Natomas in Sacramento - minutes from I-5 or I-80 at Inderkum High School
- 5K/10K as well as Kid's 1 Mile and 1/4 Mile for ages 12 and Under (Kid's Runs at 10am)
- Kid's Run is only \$10 thru June 1
- Ribbon to all kid's finishers
- All entrants receive a \$20 off coupon towards Mizuno shoes at Fleet Feet-Sacramento
- [Website](#) | [Registration](#)



Davis Moo-nlight Races

- Saturday night, July 16th
- At Kaiser Permanente in South Davis
- Evening event.
- Kid's 1 Mile Fun Run (Ages 0-12y) is at 6:30 PM.
- Half Marathon, 10K, 5K at 7:00 PM
- Ribbon for all kids run finishers
- [Website](#) | [Registration](#)



Thanks again for participating in the Positive Energy Kids Triathlon. We hope it got some "positive energy" moving and was nothing shy of a positive experience for you.

Yours in health,

A Change of Pace Foundation

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