

From: Just FIT Bootcamp [jeannine@changeofpace.ccsend.com] on behalf of Just FIT Bootcamp [info@changeofpace.com]
Sent: Thursday, April 01, 2010 11:35 AM
To: jeannine@changeofpace.com
Subject: Free Session April 9th | Spring Bootcamp Registration now open

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JustFIT Offers FREE Introductory Bootcamp Held on Friday, April 9th

Davis, CA: To celebrate the one-year anniversary of JustFIT bootcamp, there will be two free classes offered on Friday, April 9th for anyone interested in a new fitness experience.

Don't let the name "bootcamp" intimidate you. JustFIT bootcampers come in all ages, shapes and fitness abilities with one common goal...to look better, perform better, and above all, feel better.



Join us for a complimentary class to determine whether bootcamp is Just (the perfect) FIT for you! Details for the free class(es) are below:

JustFIT Free Coed Class:

Date: Friday, April 9th at 6:30 - 7:30 am

Location: Meet in parking lot in front of Arroyo Pool on Shasta Drive



MissFIT Free Women's Only Class:

Date: Friday, April 9th at 8:45 - 9:45 am

Location: Meet at Fleet Feet - Davis (615 2nd St.)

TO REGISTER FOR YOUR FREE CLASS:

http://changeofpace.com/missfit_register.html

Registration is Now Open! JustFIT Bootcamp Spring Sessions

DATE: 6-Week sessions start the week of April 13

TIME: Three days/times to choose from:

Tuesday, 6:30am (coed), Thursday, 6:30am (coed), Thursday, 8:45am (women's)

LOCATION: Meet at the parking lot adjacent to Arroyo Park/Patwin School

NEW: Want to do 2 days/week? The second session is 50% off.

MORE INFO & REGISTRATION:

http://changeofpace.com/justfit_home.html

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