

Subject: A Change of Pace July Newsletter

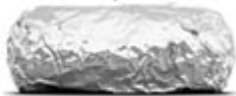


A Change of Pace July Newsletter

2008 CKT Sponsors



City of Woodland



Foy's Bikes

As we reach the midpoint of summer, many children are suffering from summer boredom. Quench their thirst for "something fun" by enrolling them in the 7th Annual California Kids Triathlon, taking place on Sunday, August 10th.

California Kids Triathlon

With less than a month before the big day (August 10), many of our youth triathletes are eagerly awaiting the 2008 California Kids Triathlon (CKT).



We look forward to seeing our veteran participants as well as some new faces at another successful production of the CKT. With new courses to be explored this year at Woodland's Community Swim Center, we are confident that you will find the 2008 triathlon to be the best yet.

Make 2008 a Year to Remember

The CKT is a once-a-year event that encourages physical fitness in a fun and challenging way. This swim-bike-run event is open to all kids ages 4-17, regardless of previous triathlon experience or athletic ability. Beginners and veterans alike compete side-by-side, as all participants are encouraged to complete the event at their own pace. Every finisher received a custom finisher's medal.



Mark Your Calendar!



21st Annual
Davis Turkey Trot
Sat., Nov. 22, 2008

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As each year brings new excitement and changes to the event, we are very excited to have the City of Woodland as our presenting sponsor and partner for the CKT. The Charles Brooks Community Swim Center, located adjacent to Woodland High School, will be a great venue for the event. The swim/bike/run routes will be spectator friendly, and as always, kid-oriented.

The CKT has a field limit of 1,000 participants. We encourage you to complete your child's registration soon to guarantee them a spot. You can download a printable entry form or register online via our website at:

http://changeofpace.com/CKT_Registration.html.

For additional information, please visit our website at www.changeofpace.com.

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