

Jeannine Henderson

From: A Change of Pace [info@changeofpace.com]
Sent: Sunday, June 29, 2008 7:00 AM
To: jeannine@changeofpace.com
Subject: A Change of Pace June Newsletter



Gearing up for a Summer of Exercise

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As temperatures rise, so too does the excitement for our upcoming summer events.

This summer, we are excited to host two world-class events: The Donner Lake Triathlon and the California Kids Triathlon.

Donner Lake Triathlon

In it's 27th year, the Donner Lake Triathlon is a top notch triathlon held in the vacation destination of Truckee, CA. Nestled in the Sierra Nevada Mountains just north of Lake Tahoe, Truckee is an outdoor sports mecca and provides a fabulous venue for the event.

The Donner Lake Triathlon includes both a Sprint and International Distance Triathlon. Both events will take place on Sunday, July 13th.

Registration is still available for both events. Entry fees increase on July 1st, so be sure to postmark your entry by June 30th (or register online by midnight on the 30th).

Not up for the entire distance yourself? Grab a buddy or two and enter as a relay team. A relay category is offered for both the sprint and international distances. And for local businesses looking for an opportunity to motivate employees, why not use the triathlon as a team-building event. Corporate visibility opportunities are also available - contact our office for additional information.



Where & When

West End Beach of Donner Lake
Sunday, July 13th
Sprint Race - 7:00 am
Int'l Race - 7:30 am

California Kids Triathlon

The California Kids Triathlon is the largest kids triathlon in the United States. Introduced in 2002, the California Kids Triathlon has grown from just a 300 person event to hosting 1000 kids, ages 4-17 years.

The 2008 California Kids Triathlon will take place on Sunday, August 10th at the Charles Brooks Community Swim Center at 155 North West Street in Woodland, CA.

Haven't registered yet? Use the below coupon to save \$5.00 on your entry (available via mail or in-person through July 10).



Where & When

155 North West Street
Woodland, California 95695
Sunday, August 10
8:00AM

**Save
\$5.00**

CALIFORNIA KIDS TRIATHLON SPECIAL OFFER:

As a recipient of the A Change of Pace June Newsletter, you are eligible to save \$5.00 on each California Kids Triathlon entry. Valid June 27 - July 10. Not available online. Attach coupon to entry form and submit via US Mail or register in-person at Fleet Feet Sports- Davis. Offer is not transferable; no cash value. Not valid on previously submitted entries.

Offer Expires: July 10, 2008

A Change of Pace Foundation

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