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- Introducing OKTOBREWFEEST, our new Saturday evening event: 5:30 PM start time
- Davis Turkey Trot season is here (registration now open!)
- Follow us on Facebook - discount codes, news, tips & hints
- Other upcoming area events

## Oktoberfest 5K - where you can literally taste the finish line

After being in the works for two years, we're excited for the inaugural Oktoberfest 5K. Taking place on Saturday night, October 16th with a 5:30 PM start time, there's no early morning excuses here. Instead, we'll host a post-race party in the theme of Oktoberfest, including Sudwerk Beer (recently awarded Best in Show 2010 at the California State Fair) and games.

5K entry includes a custom glass mug filled with the post-race cold beverage of your choice, race t-shirt and post-race games. Awards will be presented in five year age groups.

**Register Early.** The event has a field limit of 1,200.

**Date:** Saturday, October 16

**Where:** Sudwerk Brewery/Restaurant, Davis

**Start Time:** 5:30 PM for 5K

**Kids Runs:** 5:00 PM; 1/2 and 1/4 mile

**Website:** <http://changeofpace.com/oktoberfest.html>

## Davis Turkey Trot - a family tradition for 23 years

Set your sights on Saturday, November 20th. Just 80 days remain until this year's event - and we're aiming to break 5,000 participants this year! This event has a distance for everyone, post-race live music and vendors throughout the park.

Registration is now open! Register early for the lowest entry fees.

**Date:** Saturday, November 20

**Where:** Civic Center Field, 6th & B Street, Davis

**Start Time:** 8:00 - 10:30 AM

**Kids Runs:** 11:15 AM; 1 mi., 1/2 mi., 1/4 mi., 200 yard dash



**Website:** [http://changeofpace.com/davis\\_turkey\\_trot.html](http://changeofpace.com/davis_turkey_trot.html)

## Connect on Facebook

A "Friend" With Cool Benefits:

- Discount codes for races
- Exercise tips
- The Latest News
- Tips from other area athletes

[Find us on Facebook](#) 

<http://www.facebook.com/pages/Davis-CA/A-Change-of-Pace-Foundation/270724237041?ref=mf>

## Upcoming Area Events

Monday, September 6 - Davis Labor Day Races 5K/10K & Kid's 1K - <http://goldenvalleyharriers.org/>

Sunday, September 19 - BSM Women's Triathlon & 3 Mile - Nevada City - <http://www.bsmtri.org/>

Friday, September 24 - Moonlight Run 5K/10K - Palo Alto - [http://www.paloaltoonline.com/moonlight\\_run/](http://www.paloaltoonline.com/moonlight_run/)

Sunday, October 2 - Harvest Fair 5K/10K - Santa Rosa - <http://scfymca.org/newsevents.php>

Saturday, October 16 - Oktoberfest 5K & Kid's Runs - Davis - <http://www.changeofpace.com>

Saturday, November 20 - Davis Turkey Trot - <http://www.changeofpace.com>

Thursday, November 25 - Walnut Creek Sports & Fitness Turkey Trot - <http://changeofpace.com/wctt.html>

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