

## Jeannine Henderson

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Final copy. pls approve

# A Change of Pace August Newsletter

## Next Event

### California Kids Triathlon



**Date:** Sun., August 12  
**Where:** Schaal Pool, UC Davis Campus  
**Time:** First wave starts at 8:00 a.m.  
**Ages:** 4-17 years

- [Registration Info](#)
- [Course Maps](#)
- [Race Details](#)
- [Start Times](#)
- [Race Updates](#)
- [2006 Results](#)
- [Photo Gallery](#)
- [Directions/Parking](#)

## Quick Links...

[Our Website](#)  
[California Kids Tri](#)  
[E-Mail Us](#)

## Just 5 days remain..

until the 6th Annual California Kids Triathlon.

The USA's largest kids triathlon for three straight years in a row, the 2007 California Kids Triathlon will take place this Sunday, August 12th, at UC Davis' Campus, in Davis, CA.

Less Than 130 Spaces are Available.

Each year, the California Kids Triathlon reaches its field limit of 1,000 participants. If you have yet to register your child, we highly recommend you do so today. It is not our desire to turn away any past or new athletes, but our field limit has been set for safety purposes. Registration for Sunday's event will be available from now through Saturday. Saturday's registration and packet pick-up will be held at Fleet Feet in Davis. We expect the event to once again sell out and do not expect spaces available on event day.

See the links to the left for how to register.

## #1 Kid Event of the Year!

### 2007 California Kids Triathlon

The California Kids Triathlon is an adrenaline-pumping experience that will remain on the minds of kids for years.

This event customizes the race distances to each age group, making it achievable for every participant.

We are fortunate to host the event at the beautiful UC Davis facilities, and are extremely happy that the message of "completion" rather than "competition" has stood the test of time



## Event Distances by Age

<u>Age</u>	<u>Swim</u>	<u>Bike</u>	<u>Run</u>
<b>4-6 Years</b>	25 yds (1 lap)	1 mile	1/4 mile
<b>7-8 Years</b>	50 yds (2 laps)	1 mile	1/2 mile
<b>9-10 Years</b>	75 yds (3 laps)	2 miles	1/2 mile
<b>11-12 Years</b>	125 yds (5 laps)	2 miles	1 mile
<b>13-14 Years</b>	150 yds (6 laps)	4 miles	1 mile
<b>15-17 Years</b>	200 yds (8 laps)	4 miles	2 miles

## Event Features:

- Official T-shirt
- Official Water Bottle
- Custom Finisher's Medal for all entrants
- Huge Raffle (over 100 prizes)
- Post-Race Refreshments
- Arts & Crafts
- Kids Interactive Play Area



## Volunteers

### Can't do the race, but would like to be involved?

Consider volunteering at the 2007 California Kids Triathlon. The event requires the support of nearly 100 volunteers to ensure that the course and transition areas are safe and secure. Each member of our volunteer crew is guaranteed a rewarding experience, as they help direct these young athletes during an exciting event that they'll remember for a lifetime.

All volunteers receive a t-shirt, morning refreshments (coffee etc) and miles of smiles as they help out fellow community

members.

To join us, simply check in at the Volunteer Check In booth at the event (Schaal Aquatic Center) on race morning between 6am and 7:30 am. You may pre-register to volunteer (not required) by e-mailing our volunteer coordinator, [Jeannine Henderson](#).

### Upcoming Events

Aug. 12: California Kids Triathlon, ages 4-17, Davis

Sept. 3: Labor Day Race, 5K/10K & Kid's 1K Fun Run Davis

Oct. 14: Heartbeat Run, 5K/10K & Kids Run, Sacramento

Nov. 17: 20th Annual Davis Turkey Trot, 5K/10K & 3 Kid's Fun Runs, Davis

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