



**please join us...**

*for the 8th Annual*

## **CALIFORNIA KIDS TRIATHLON**

All kids, regardless of experience or athletic ability, who are between the ages of 4 and 17, are invited to join us NEXT SUNDAY, August 8th, for the CALIFORNIA KIDS TRIATHLON.

Cool summer temps will help fuel your child as he/she completes an age-appropriate swim, bike and run event.

[Find us on Facebook](#) 

See You There!!

Website/Registration Link: [http://changeofpace.com/california\\_kids\\_triathlon.html](http://changeofpace.com/california_kids_triathlon.html)

**no kids? please consider volunteering.**

We are still looking for volunteers for the California Kids Triathlon.

Date: Sunday, August 8

Time: 6:45 am to Noon

Where: Woodland High School

Be among the first 20 volunteers [to sign up](#) and we will express our gratitude by providing you with a \$15.00 discount for the 2010 Davis Turkey Trot. Be sure to mention this email.

Volunteers are needed to assist in the Pool Area, with Finish Line Timing, Post-race Food and Crafts, and Run Course.

All volunteers will also receive a race t-shirt.

**A Change of Pace Foundation**

1260 Lake Blvd., #245

Davis, California 95616

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