

Jeannine Henderson

**From:** A Change of Pace Foundation [jeannine@changeofpace.ccsend.com] on behalf of A Change of Pace Foundation [info@changeofpace.com]  
**Sent:** Tuesday, August 04, 2009 2:41 PM  
**To:** jeannine@changeofpace.com  
**Subject:** CA Kids Triathlon impresses Governor's Fitness Council

**Recently Nominated as a finalist for a  
Governor's Council on Physical Fitness  
& Sports Spotlight Award!**



**All Abilities Encouraged  
Ages 4-17.**



**Where 3 summertime activities comprise 1 fantastic event.**

**BRINGING THE FUN BACK TO FITNESS**

**There's still time to Register!**  
[www.changeofpace.com](http://www.changeofpace.com)

Distances are achievable and determined by age  
Held at the Charles Brooks Community Pool  
(at Woodland HS)



### 2009 California Kids Tri Sponsors



Woodland Healthcare  
A member of CHW  
[woodlandhealthcare.org](http://woodlandhealthcare.org)



This event is produced by the A Change of Pace Foundation, a 501(c)3 non-profit.

You can still register! Come see why this is a nationally renown event.  
Visit [http://changeofpace.com/california\\_kids\\_triathlon.html](http://changeofpace.com/california_kids_triathlon.html) for more info.

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