

**Jeannine Henderson**

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**From:** A Change of Pace [info@changeofpace.com]  
**Sent:** Friday, February 01, 2008 12:37 PM  
**To:** jeannine@changeofpace.com  
**Subject:** This Sunday's Davis Stampede

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**Don't Let the Rain Dampen Your Day**

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It is a proven fact that as soon as rain starts to fall, people speed up their pace. (See case study below). So plan to come on out to the Davis Stampede this Sunday and you may very well run (or walk) a personal best.

While many of you are closely watching the weather report for Sunday morning, please remember that our race staff and volunteers will be eagerly awaiting your arrival rain or shine. Be sure to dress appropriately and to not let the weather wreck your plans. Many of you have worked much too hard for this annual season kick-off.

If you have not yet registered, we will be taking registration both on Saturday at our Packet Pick Up (11am - 4pm at Fleet Feet-Davis) as well as on Sunday (race morning) starting at 6:30 am at Central Park (Start/Finish).

**Case Study: Rain speeds up your pace**

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<http://www.dctech.com/physics/features/0500.php>

as soon as rain starts to fall, people speed up their pace. There could be many reasons for this but one is the expectation that by running - or at least walking faster - they will arrive drier at their destination. The physics needed to analyze this presumption covers many topics from your introductory course: *kinematics, relative velocity, terminal velocity, flux and vector components* to name a few.

**Race Information**

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Please visit our website, [www.changeofpace.com](http://www.changeofpace.com) for start times & other race info.

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