

## A Change of Pace

---

**From:** "A Change of Pace / Natomas Community Foundation" <info@changeofpace.com>  
**To:** <info@changeofpace.com>  
**Sent:** Tuesday, February 19, 2008 4:40 PM  
**Subject:** Natomas Founder's Day Run/Walk



Dear A Change of Pace,

As a participant in the inaugural Natomas Founder's Day Run/Walk in 2007, we hope you will join us as the tradition continues this March. The 2nd Annual Natomas Founder's Day Run/Walk will take place on Sunday, March 2nd. The event offers 5K and 10K Run/Walks as well as 1/4 and 1/2 mile FREE kid's runs for those 10 & Under.

The 2008 event will feature an all-new location at the Village, within the Natomas Promenade Shopping Center, conveniently located off N. Freeway Blvd. near Ground Zero and Best Buy. An abundance of parking will be available.

---

### EVENT NAME



**Natomas Founder's Day Run/Walk**  
 Sunday, March 2, 2008  
 Natomas Promenade  
 5K/10K Start: 9:00 am  
 Kid's Runs Start: 10:30 am

### HOW TO REGISTER:

**Online.** Fast, easy and convenient. Available through Midnight on February 27th. [Click here to link.](#)

**By US Mail.** Postmark your entry by February 25th. [Click here to download the entry form.](#)

**On Race Day.** Register on event day starting at 7:30 a.m.

### ENTRY FEES:

**5K or 10K.** \$25 if by Feb. 25th; \$30 thereafter and on race day.  
\$5 discount if under 18 years old.

**Kid's Runs.** 100% FREE! Includes a t-shirt and finisher's ribbon.

### **COURSE MAPS:**

Both the 5K and 10K courses are quick, flat & accurately measured loop courses. [Click here to view the course map.](#)

### **BENEFICIARIES:**

Proceeds from the event will be used to fund scholarships for local high school seniors.

### **MORE INFORMATION:**

For more information, please visit the [Natomas Founder's Day Run page on our website](#), or the [Natomas Community Foundation's website](#) (event organizers).

[Forward email](#)

✉ **SafeUnsubscribe®**

This email was sent to info@changeofpace.com, by [info@changeofpace.com](mailto:info@changeofpace.com)  
[Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).

Email Marketing by



A Change of Pace Foundation | 221 G Street, #205 | Davis | CA | 95616