


**Jeannine Henderson**

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**From:** A Change of Pace [info@changeofpace.com]  
**Sent:** Tuesday, November 06, 2007 3:01 PM  
**To:** jeannine@changeofpace.com  
**Subject:** Davis Turkey Trot

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**20th Annual Davis Turkey Trot**  
Saturday, November 17, 2007

LATEST NEWS	IMPORTANT TURKEY TROT DATES TO REMEMBER
<a href="#">What's New for '07</a>	Tues., 11/13/07, Deadline to submit entries via US Mail
<a href="#">How To Register</a>	Thurs., 11/15/07, Deadline to register online (11:59 pm)
<b>INFORMATION</b> <a href="#">Website</a> <a href="#">Register</a> <a href="#">Race Details</a> <a href="#">Course Maps</a> <a href="#">Health &amp; Fitness Fair</a> <a href="#">Team Competition</a> <a href="#">Event Sponsors</a> <a href="#">FAQ</a>	Fri., 11/16/07, Health & Fitness Fair & Packet Pick Up, 11a-5p
	Sat., 11/17/07, Race Day!
	Dear Athlete,
	The Davis Turkey Trot will take place in just 11 days. Since this year marks the 20th Annual Celebration, we are planning quite a party and you have been personally invited to attend. For 2007, we have added an array of new features that we are sure everyone in the entire family will enjoy!
	If you have not already registered, there is no better time to do so! Online registration is still available at <a href="http://www.changeofpace.com">www.changeofpace.com</a> .
	<b>What's New?</b> New Features for 2007:
<ul style="list-style-type: none"><li>• Downtown Health &amp; Fitness Fair</li><li>• 5K Team Challenge</li><li>• Chip Timing</li><li>• \$500 Cash Cube sponsored by Union Bank of California</li><li>• Live music by Music Matt</li><li>• Pre-Race dinner hosted by Bistro 33 of Davis</li></ul>	
<b>SPECIAL THANKS TO OUR:</b>	

## Event Sponsors



Official Drink Sponsor



Local Sponsors



- More Parent/Spectator Friendly Kid's Run Courses

**Our Health & Fitness Fair.** In an effort to promote health, fitness and living a healthy lifestyle for all ages, we have created the first ever Downtown Health and Fitness Fair in Davis. The Fair will take place in conjunction with race packet pick-up and late registration on Friday, November 16th from 11am-5pm. Over 30 health-related vendors and organizations will be on hand to provide information and free screenings.

**Pre-Race Dinner at Bistro 33.** After the Health & Fitness Fair, be sure to sprint around the corner for a Turkey Trot Dinner Special at Bistro 33 of Davis. Bistro 33 has teamed up with the Turkey Trot to prepare a special entrée for all local and out of town runners.

**\$500 Cash Cube Drawing.** Union Bank of California-Davis has teamed up with the A Change of Pace Foundation to help raise awareness for the importance of physical fitness and exercise with today's youth. They have also assisted A Change of Pace in our efforts to implement programs that will provide underserved populations with the opportunity to participate in fun kids' events such as the Turkey Trot. Raffle tickets for the Cash Cube are \$1 and will be available at the Health Fair and on event day. Five (5) lucky winners will be selected on race day for a chance to grab as much cash as possible in 15 seconds.

### How To Register

There are four ways to register for the Davis Turkey Trot:

- Online. Available through 11:59 pm on 11/15.
- In-Person at Fleet Feet Davis. Avail. thru 5pm on 11/15.
- Via Mail. Must be postmarked by 11/13.
- Late Registration. Available at our Packet Pick Up (11/16 at the Health Fair) or on Race Day, 11/17, at Civic Center Field starting at 6:30 am.



Visit our [Registration page](#) on our website for links to online registration and a printable entry form.

### A Family Style Event For All Ages

The Davis Turkey Trot has an event for all ages and athletic abilities. Distances, entry fees and start times are as follows:

#### Start Times & Distances

- 8:00 am - 5K Baby Stroller Run/Walk
- 8:20 am - 5K Run/Walk (3.1 miles)
- 9:00 am - 1 Mile Fitness Walk (all ages)
- 9:05 am - 10K Run/Walk (6.2 miles)
- 10:30 am - Kid's Fun Runs (1 mile, 1/2 mile and 1/4 mile)

#### Entry Fees through Nov. 15

- 5K / 10K - Adult entry (ages 13 & up) - \$25.00
- 5K / 10K - Youth entry (ages 12 & under) - \$20.00
- 1 Mile Fitness Walk - \$12.00



Kid's Fun Runs - \$12.00

**Late Registration (Nov. 16 & 17)**

5K / 10K - Adult Entry - \$30.00

5K / 10K - Youth Entry - \$25.00

1 Mile Fitness Walk - \$15.00

Kid's Fun Runs - \$15.00

**All Entries Include:**

All entries include a short sleeve 20th Anniversary Davis Turkey Trot t-shirt, eligibility for raffles & awards (awards in 5K/10K only), Championship timing (5K/10K), and a goody bag filled with food samples, giveaways and coupons. All kid's fun run entrants receive a finisher's ribbon.

If you have any additional questions regarding the Davis Turkey Trot, please feel free to contact us via e-mail at [info@changeofpace.com](mailto:info@changeofpace.com).

Sincerely,

**A Change of Pace**

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