



**we need your help...**

for the 8th Annual

## CALIFORNIA KIDS TRIATHLON

We need a few more volunteers for this Sunday's California Kids Triathlon. You were kind enough to help us with one of our events in the past, and we're hoping you can assist again. Can you join us?

**When:** Sunday, August 8th

**Time:** 7:00 am to 11:00 am

**Where:** Woodland High School,  
355 N. West St., Woodland, CA 95695

**What:** Assist with Run Course, Timing, Pool Area, Refreshments, Water Stations. Bring a friend with you and we will happily place you in the same area so you can work together.

#### You Receive:

- Smiles and thanks from 600 youngsters participating in the event
- Free Race T-shirt
- \$15.00 coupon towards your entry to the Davis Turkey Trot (if you desire) (limited to first 20 sign ups)
- Community Service Credit (if needed)

#### HOW CAN I SIGN UP?

E-mail [Jeannine@changeofpace.com](mailto:Jeannine@changeofpace.com)



We hope to see You There!!

Website: [http://changeofpace.com/california\\_kids\\_triathlon.html](http://changeofpace.com/california_kids_triathlon.html)

Find us on Facebook 

**A Change of Pace Foundation**

1260 Lake Blvd., #245

Davis, California 95616

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