



## Mr & MissFIT Winter Bootcamp Registration Reminder

### Bootcamps start next week!

A quick reminder - our winter 2009 bootcamps start next week. All of our winter bootcamps will be indoor/outdoor. Available bootcamps are as follows:

Mondays @ Fleet Feet Davis, 6:15pm

Tuesday @ Arroyo Park, 6:30am

Thursday @ Arroyo Park, 6:30am

Thursday @ Arroyo Park, 8:45am

For more info or to register, visit: <http://changeofpace.com/missfit.html>

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