

**From:** A Change of Pace [jeannine@changeofpace.ccsend.com] on behalf of A Change of Pace [info@changeofpace.com]  
**Sent:** Thursday, November 20, 2008 12:25 PM  
**To:** jeannine@changeofpace.com  
**Subject:** Davis Turkey Trot Participant Confirmation

# 2008 Davis Turkey Trot Participant Confirmation E-Mail



## 2008 Davis Turkey Trot Participant Confirmation

Thank you for pre-registering for the 21st Annual Davis Turkey Trot Run/Walk.

This email contains important information regarding Packet Pick Up, 5K/10K Timing Chip Pick Up, and general rules.

### Event Sponsors



### Packet Pick Up

All participants will need to pick up their official Race Packet in order to compete. This is especially important for 5K/10K participants.

There are two opportunities to do so:

1.) On Friday, November 21st, from 11am-5pm in the courtyard across the street from Fleet Feet Sports at 615 Second Street (*Please note: it is not taking place in the E Street Plaza*). If possible, we highly encourage you to pick up your packet on Friday. This will eliminate the possibility of extra stress and possible delays on race morning.

2.) On Event Morning, (11/22), at Civic Center Field. Registration opens at 6:30 a.m. and will be located on B Street between 5th and 6th Streets. Please arrive one (1) hour prior to your race start to allow sufficient time to pick up your packet, find parking, warm up, etc.

On event day, Kid's Fun Run entrants' packets & late registration will be available inside the Kid's Area, on the west side of Civic Center Field. Kid's Fun Run registration opens at 7:30 a.m. on race morning.

Attn: 5K/10K Participants: Be sure to read the section below regarding Timing Chip / Bib # Pick Up.

**72.9% of California 5th Grade Students Failed to Achieve the criteria set to be in the "Healthy Fitness Zone"!**

### What can you do about it?

Join the A Change of Pace Foundation, a non-profit 501c3 organization, in our fight for our kids lives. Visit our booth at the Turkey Trot and donate \$5.00 (or more), not only are you helping us build after school fitness programs, but you will get the added bonus of your choice of vintage t-shirts.

A Change of Pace Foundation's mission is to encourage, educate and motivate kids to inspire life-long habits towards a healthy lifestyle.

## Important Race Times

### Friday, November 21st:

11:00 a.m. - 5:00 p.m. - Race Packet Pick Up

\*\*Packet Pick Up will close promptly at 5:00 pm.

### Saturday, November 22nd:

RACE DAY! Civic Center Field, 6th & B Streets

6:30 a.m. - 5K, 10K and 1 Mile Late Registration / Packet Pick Up opens. (*B & 6th St*)

7:30 a.m. - Kid's Fun Run Late Registration / Packet Pick Up opens (*Kid's Area, Civic Ctr. Field*)

8:00 a.m. - 5K Baby Jogger/Stroller Run/Walk Starts (*6th & C Streets*)

8:20 a.m. - 5K Run/Walk Starts (*6th & C Streets*)

9:00 a.m. - 1 Mile Fitness Walk Starts (*B Street in front of Civic Center Pool*)

9:05 a.m. - 10K Run/Walk Starts (*6th & C Streets*)

11:00 a.m. - Kid's Fun Runs Start (1 Mi. then 1/2 Mi., then 1/4 mi.) (*On B St. near 6th St.*)

11:45 a.m. - Toddler Trot 200 yd dash (*On B St. near 6th St.*)

## Chip Timing for 5K & 10K

### How to pick up your timing chip & bib number

We are excited to include innovative chip timing for the 21st Annual Davis Turkey Trot 5K/10K. The timing system being used this year has disposable chips. They still attach to your shoe as in the past, but, they do not need to be collected after you cross the finish line. You can simply remove it from your shoe and dispose of it in the trash.

Bibs and timing chips will be distributed at both Packet Pick Up and Race Day *by bib number*, rather than alphabetically. To find out your assigned bib number, please view the 5K/10K participant list on our website at: [http://changeofpace.com/davis\\_turkey\\_trot\\_participants.html](http://changeofpace.com/davis_turkey_trot_participants.html) This list contains all pre-registered 5K/10K participants and their pre-assigned bib number. Note your bib number, and when picking up your packet, simply proceed to the correct numerical line (e.g, bibs #1001-1200). Alphabetical lists with bib numbers will be available for your review at registration should you need to reference them.

### Timing Chip Basics

Chip timing uses a small, lightweight RFID chip attached to your shoe to record the time you cross the start line, and again the finish line, to determine your net time for the race. Therefore, it is critical that you wear your chip on your shoe. The chips being used this year are disposable. You will peel the orange chip off the front of your bib number on race morning, affix it to your shoe as indicated on the chip itself, and enjoy the race.

### Common Chip Questions:

Q: What happens if I forget to wear the chip?

A: No chip = No time. Don't forget to wear the chip, or you will not receive a time.

Q: What if I lose my chip?

A: Don't lose your chip. They cost money. But if you do, go to problem registration to be assisted with reissue.

Q: What if I leave my chip at home?

A: Head to the Solutions table at registration on race day to be assigned a new chip.

Q: I am registered for the 10K and would like to switch to the 5K. What do I need to do?

A: You do not need to do anything. Proceed with the chip & bib you were assigned. The timing chips and bib numbers will work for either the 5K Baby Jogger, 5K Run/Walk or 10K. Simply start at the correct time. Your chip will be read when you cross the starting line. See above for start times.

Q: Where do I wear the bib number?

A: Bib numbers should be worn on the **front** of your body for quick athlete identification on the course by course officials and photographers.

The 1 Mile Fitness Walk and the Kid's Fun Runs are not timed; therefore participants do not need a timing chip. All participants will be issued a bib number. All Kid's Fun Run finishers will receive a ribbon at the Kid's Run Finish Line (located on the grass inside the kid's area).

### **Additional Race Information**

**Race Results:** Race results will be posted on-site as available for the 5K and 10K. Awards will be available for pick up at our awards tent, adjacent to the main stage. Unclaimed awards will not be mailed, but will be available for pick up at Fleet Feet Sports - Davis starting Sunday, November 23rd. Results will be posted online at [www.changeofpace.com](http://www.changeofpace.com) on race day.

**Fluid Stations:** There will be one fluid station on the 5K (mile 1.5) and three on the 10K (miles 2, 4 and 5.5). Along with water, Cytomax will be available at all fluid stations. It is the Official Fluid Replacement of the Davis Turkey Trot.

**Pets:** Please do not bring dogs or other pets with you to the race. Dogs are not permitted on the course as a matter of safety for you and the other athletes.

**Accommodations:** If you are traveling from out-of-town, we encourage you to stay at our Official Accommodations Sponsor, the Hallmark Inn. Conveniently located one block from the Health & Fitness Fair, the Hallmark Inn is offering all Turkey Trot participants a discount. Visit [www.hallmarkinn.com](http://www.hallmarkinn.com) for more info.

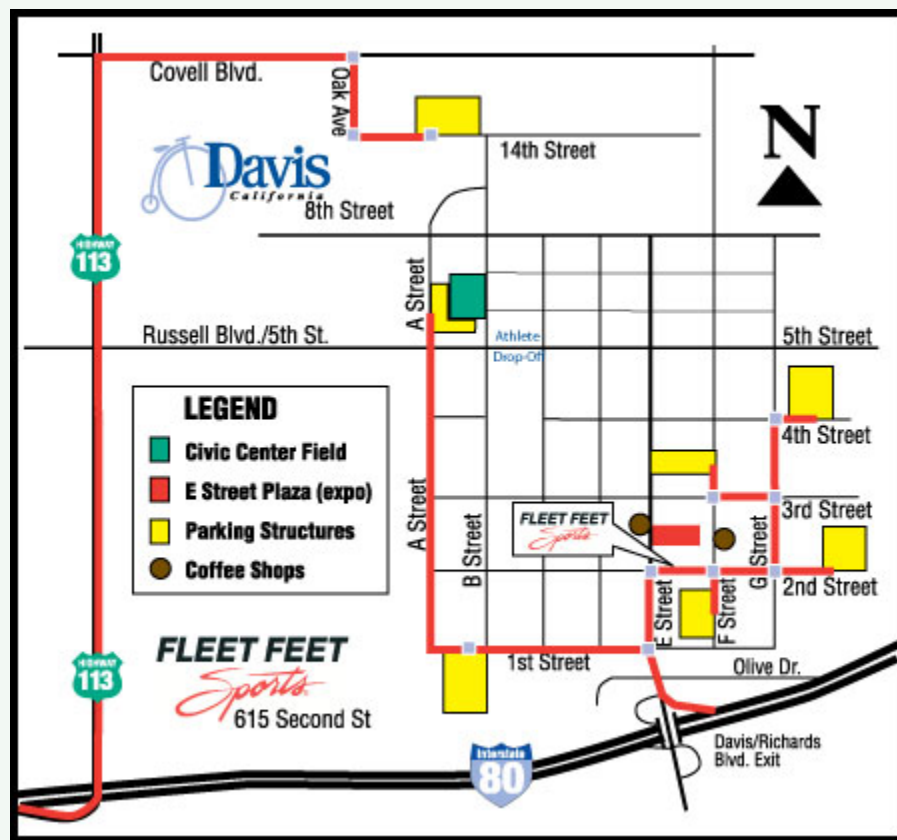
**Sweat Check:** For your convenience, we have a sweat check booth along the First Base line of the baseball field adjacent to both registration and all start lines. We ask that you use this area rather than placing your apparel on the nearby neighbors' lawns.

**Vintage T-shirts:** We will have hundreds of vintage shirts from our other events available for purchase for \$1 apiece at our Vintage Merchandise Tent.

**Course Maps:** Course Maps, Parking & Directions, Kid's Area overview, etc. can all be found on our website, [www.changeofpace.com](http://www.changeofpace.com).

**Davis Athletic Club Special Offer:** DAC will be running a special just for Turkey Trot entrants: 30 days for just \$30, after which you can join with no initiation fee. What a deal! Stop by their booth on race day for more info.

**Parking:** Participants traveling to Davis from Sacramento should exit at Richards Blvd. Those coming from points west (Vacaville, etc) are advised to take Hwy. 113 North and then exit at Covell Blvd. Plentiful parking is available at Davis High School, 7 blocks from the race site. Please see below map for parking locations.



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A Change of Pace Foundation | 221 G Street, #205 | Davis | CA | 95616

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