

A Change of Pace

From: "Natomas Community Foundation" <info@changeofpace.com>
To: <info@changeofpace.com>
Sent: Thursday, February 28, 2008 5:55 PM
Subject: Natomas Founder's Day Participant Confirmation

Natomas Founder's Day Run/Walk Participant Confirmation

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Sunday, March 2, 2008

POST-RACE FESTIVITIES



After the race, join us for post-race festivities, including sponsor booths and food sampling from the following:

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[Children's Choice Pediatric](#)
[Medi-Stop](#)
[County Supervisor Roger Dickinson](#)
[Massage Envy](#)
[Sam's Club](#)
[Dream Dinners](#)
[Sac. Surgical Arts Pinnacle](#)
[Natomas Hist. Soc. Friedrich Realty](#)
[Logan's Road House](#)
[Beach Hut Deli](#)



Dear Participant,

Thank you for pre-registering for the 2nd Annual Natomas Founder's Day Run/Walk, scheduled for this Sunday, March 2nd. This email contains race information, reminders and important times. We look forward to including you in the event this Sunday.

Packet Pick Up

Fri-Sat, 10am - 6pm

Sunday, 7:30am

You can pick up your race packet (bib number and t-shirt) either at the pre-race packet pick up, or on race morning. Times and locations are as follows:

Friday, February 29th: 10am - 6pm, California Family Fitness, 3880 Innovator Drive, Sacramento.

Saturday, March 1st: 10am - 6pm, California Family Fitness, 3880 Innovator Drive, Sacramento.

Sunday, March 2nd (Race Day!): 7:30 am - 8:50 am, near the start/finish area at the Village at Natomas. (Kid's Run entrants may pick up/register until 10:00 am)

Event Location

The Village at the Natomas Promenade

The event will start and finish at the Village at the Natomas Promenade. This is located on North Freeway Blvd, just east of Truxel Road near I-80. There is ample parking available.

To map the start/finish location on the internet, use the following address:

3642 North Freeway Blvd.
Sacramento, CA 95834

Additional Race Information

Start Times, Awards, Etc.

Timeline of Events - Sunday, March 2nd:

7:30 am - Late Registration & Packet Pick Up Opens

8:50 am - Registration closes (except for kid's entrants; open to 10am)

9:00 am - 5K & 10K Races Start

10:30 am - Kid's 1/2 Mile Race Start (Ages 10 & Under)

10:45 am - Kid's 1/4 Mile Race Start (Ages 10 & Under)

Awards & Results

An awards ceremony will take place immediately following the Kid's Fun Runs. Age divisions for the 5K and 10K are: 15 & Under, 16-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80+. Race Results will be posted on-site as well as on www.changeofpace.com by 5pm race day.

Course Maps

A map of the 5K & 10K courses is posted [here](#) for your convenience.

We look forward to including you and your family in the event this Sunday.

Sincerely,

The Natomas Community Foundation & A Change of Pace

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